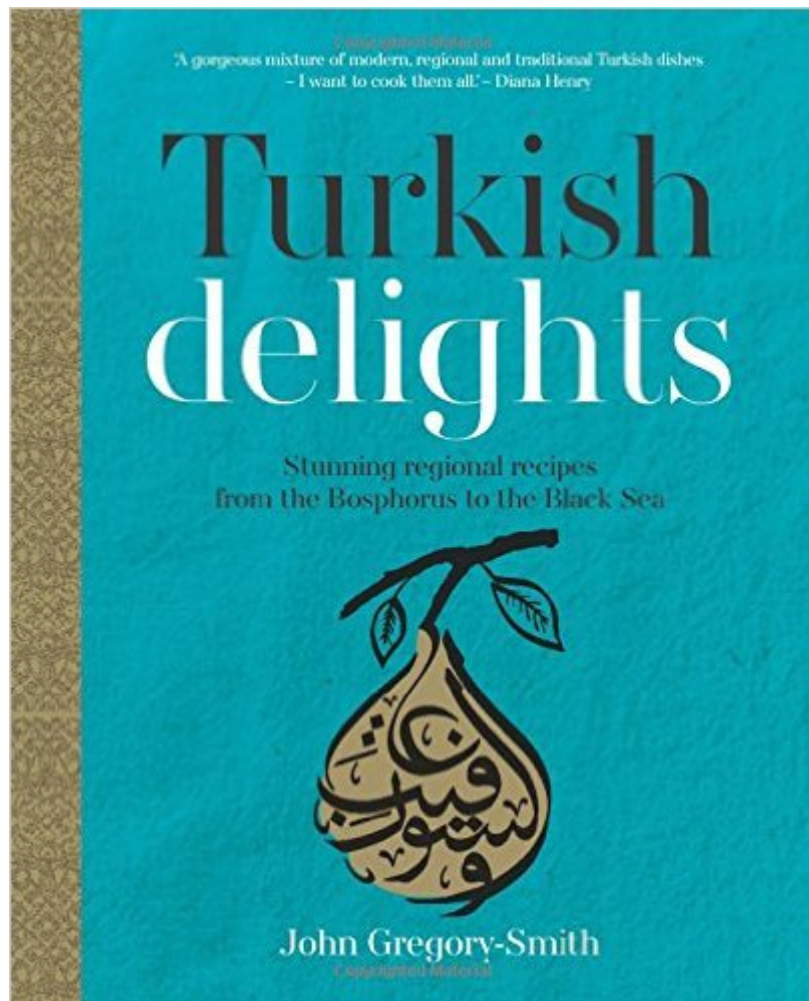


The book was found

Turkish Delights: Stunning Regional Recipes From The Bosphorus To The Black Sea



Synopsis

In Turkish Delights John Gregory-Smith brings his passion for Turkey and its food to your kitchen. He celebrates the best of the country's traditional food with 100 regional dishes, giving each one his simple, modern spin. Forget greasy late-night doner kebabs, John offers the Iskender kebab from the city of Bursa in Northwest Turkey, filled with finely sliced tender lamb, hot tomato and garlic sauce and yogurt. Other tempting dishes include the Ilgin Beef Kofta (pepper and parsley spiked beef from the Central Anatolian region) or his Ottoman-inspired Stuffed Pepper Dolma. With chapters on Breakfast, Meze, Pide and Kofta, Kebabs, Salads, Meat, Seafood, Vegetables and Desserts and Drinks, it is crammed full of exciting flavours and inspiring ideas.

Book Information

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Customer Reviews

I like this not only because the recipes are good and authentic (or so my Turkish friends tell me), but it offers useful advice about what to use as substitutes if you don't have access to a few Turkish spices, plus concise information about the traditions of certain dishes, regional differences, and that sort of thing. Plus, the cover of the cookbook is laminated in a good way so you don't have to worry about getting food on it. Now THERE'S an idea, FGS.

Love these recipes! I found all the more unusual ingredients readily available online, so I'm off and cooking.

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